

## Vegan Taco Filling (but make it vegan!)

### Ingredients:

- 1 package of Beyond Beef
- 1 white onion
- 3 garlic cloves
- ½ tsp Paprika
- ¼ tsp cumin
- 2 tsp taco seasoning
- Salt and pepper to taste
- 1-2 Tablespoons olive oil or any other sustainable oil (not palm oil), or veggie broth to sauté

### Preparation Instructions:

1. Heat oil or broth over medium heat in a pan.
2. Add the onion and garlic and cook until fragrant/translucent. Add the spices.
3. Put your Beyond Beef in the pan and sauté/cook over medium heat as you would normal beef.
4. Season with salt and pepper to taste and serve in your favorite taco shells on tacos!